

Piek's Lessons

My Story

I created this lesson while working long hours at my current job, because I needed to. This is my story, with the hopes that you will come to terms with the fact that there is always a solution to a problem. You will leave these lessons equipped not only to land a job in two weeks, but also to enable you to succeed.

In April of this year, I was called to visit the country of my origin to fight one of the most difficult issues in my life. A month long endeavor turned into four months.

During that time, I was quietly let go from my previous job, and when I returned home, I learned that my fiancé was suffering from stomach cancer. With a terrible diagnosis, his chances of surviving were slim. He passed away suddenly on September 16.

I was completely devastated to learn this information, and my resources were quickly running out due to the hospital bills.



I realized that it was entirely up to me to find work and secure my financial future. I don't have the option to go back to my mother's house or rely on my siblings to help me financially because I've been an orphan for half of my life and have no biological relatives left.

Either I could endure the pain for years, or I could use the pain to start over as a single girl. I opt for the latter. I set a deadline for myself since I didn't have much time. I gave myself a deadline of two weeks. This involved roughly four interviews per day, a hefty schedule that kept my mind busy. This ethical enterprise kept me afloat and alive. You too can follow my lead and succeed. Let's get started!

How This Course is Set

Mindset: Staying Busy By Creating a Ritual

Creating a Ritual by Compounding Habits
Four morning habits & Four nighttime Habits
Work Schedule
Rest Schedule

To The Beauty In All of Us

Behavioral Attitude: Negotiate Wisely With Yourself

Your Mind Will Adapt To What You Say
A Character Attitude To Simplify Your Life
Negotiate With Your Mind & Your Mind Will Create Your Behavior
Your Behavior Towards Yourself Will Pull The Right Companies
Expand Your Capacity For Error

Staying Healthily Busy Is a Form of Self Care

Creating A Tight Deadline: Feeding Yourself

Create Applications for Three Levels of Companies
Engage various recruiters
Post Your Resume On Online Job Sites
Determine Your Lifestyle
Preparing for an Interview

Crafting Another Challenge For Yourself

Accepting the Offer and Adjusting to the New Setting

Mindset: Staying Busy By Creating a Ritual

Creating a Ritual by Compounding Habits
Four morning habits & Four nighttime Habits
Work Schedule
Rest Schedule

To The Beauty In All of Us



Creating a Ritual by Compounding Habits

I already had a schedule set up for my day before I started looking for a job, so it was simple for me to maintain my mental and physical fitness. Creating a routine might involve setting regular wake-up and bedtimes, drinking coffee or tea in the morning, exercising, taking a shower, and going to work.

Give yourself a day to adjust to the new schedule. Contrary to popular opinion, it doesn't take 30 days to change a habit or reset your mind. When time is limited to less than a day, your body will get used to creating rituals.

You'd be surprised at how fast we shift into the mentality of protecting ourselves under the pressure of time constraints. I was forced into that mindset. So can you!

Four morning habits & Four nighttime Habits

It's important to have a positive attitude for the morning routine because you will be applying for jobs and responding to inquiries during these crucial hours. Be picky about what you accept as part of your routine because what suits someone's palate may not suit yours.

1. The first step for most people is to wake up at the same time each day and go to bed at the same time each night. Your body was prepared for a lifetime of planning.

Give yourself some time to get used to being in a vertical position after being in a horizontal position.

Most people read emails, look after loved ones. When you do this and create rituals that are tailored to your needs, your body will get used to them.

2. If you are open enough, the next step is to move your body. Exercising to start the blood circulating can take as little as a few minutes. Our bodies are designed to move and be active, not to be motionless. Our bodies will provide our minds with more energy the more we move them. It's that easy.
3. Take a quick shower after working out, or don't take one at all. Showing up after a workout, in my experience, energizes me and gets me ready for the day.

Work Schedule

Work ritual: schedule time to complete job applications, talk to recruiters, and prepare for interviews.

Now it's time to work. The word connotes a negative experience for a lot of us, so you can rephrase it by replacing it with another word. Call it what you may. But the more you show up at the same time, the more your body will crave the routine. You can train your body to train your mind.

Spend some time (you set your limit). Whether it takes you 30 minutes to get started or two hours to finish your job search, it can involve updating your résumé, asking a friend to serve as a reference, or just applying for employment.



Rest Schedule

Evening ritual: You won't feel hurried or rushed as a result, and it also helps the mind relax. As we process the events of the day at night, I believe that this is the most challenging time for most job seekers. I had a bad habit of checking my emails over and over again and biting myself for saying things I shouldn't have.

I always make a list of the things I need to get done the following day before I end my day. You won't feel hurried or rushed as a result, and it also helps the mind relax. Nighttime may involve cooking your favorite dinner, resting, and setting low expectations so as not to disappoint yourself. As we process the events of the day at night, I believe that this is the most challenging period for most job seekers.

So suffice it to say, it's best to have a routine of relaxation so as to allow you to get a good night's sleep and to create a schedule for the next day. I always get up at the same time, and then I set aside an hour for reading or whatever else I need to do. By creating a schedule, you're telling your body and your mind that you're taking care of stuff that needs to be done.

Self-care could entail keeping yourself amused in a healthy manner. You will learn how to trick your mind into taking actions that help you bargain shrewdly with yourself. Throughout this process, you will discover yourself, embrace who you are, and redefine how the world views you.

Take inspiration from your past to guide your present and future. Your past either hurts you or might be to your benefit. I used Piek's death as an opportunity to assess my current situation and make plans for the future.

To The Beauty In All of Us

During my job search, I struggled to make ends meet, so I began cooking more frequently at home. The need for pasta led to the development of this meal. I hope you like preparing it at home for yourself because it's easy and delicious.

Butter (I prefer no salt, but choose your preference)

Pasta cappellini (I find that its faster to cook)

Romano lemon pepper (I just use the grated one)

Cheese (any variation)

Grease the pan. Capellini pasta may be cut into pieces and marinate in butter over low heat. Add lemon pepper to the mixture. Give it two minutes to marinate. Add just enough water to the spaghetti mixture to cover it. Simmer over moderate heat. While that is cooking, take a bowl and feel free to add a generous amount of Romano cheese. Drain the pasta mixture. To the bowl, add Sprinkle more cheese in as needed.



Behavioral Attitude: Negotiate Wisely With Yourself

Your Mind Will Adapt To What You Say

A Character Attitude To Simplify Your Life

Negotiate With Your Mind & Your Mind Will Create Your Behavior

Your Behavior Towards Yourself Will Pull The Right Companies

Expand Your Capacity For Error

Staying Healthily Busy Is a Form of Self Care

Your Mind Will Adapt To What You Say

Keep in mind that a busy mind is a healthy mind.

By being open to the interview process and the opportunity that came my way, I was able to land a job that fit my personality and needs. These job interviews kept my schedule filled and helped me practice my selling skills. With every interview, I was able to get a sense of the same type of questions thrown my way. More and more, I honed the capacity to enjoy the process. It no longer became a fearful thing I dreaded, but more of something I enjoyed doing.

Prior to it, take notes on what you want. How do you want to present yourself to potential employers? Start by doing some market research on your job field and setting expectations for the conversations you'll have with hiring managers. Take up any type of employment to keep yourself busy.

The recruiter or hiring manager works as the first person to be a representative, so ask a lot of questions. The individual is probably interviewing a lot of people and will keep the conversation short and sweet. But if you have a short list of questions and are able to articulate your thoughts, you will most likely create an impression. Remember that there should be good back and forth communication, like a healthy banter or exchange of information to be shared.

A Character Attitude To Simplify Your Life

Keep in mind that you are an uninhabited island. Nobody will help you find a job until you accept that your comfort zone will rule. We can shape our destiny by teaching our minds to think in certain ways, since the mind is a very powerful weapon. Only by making a promise to yourself and fulfilling that promise can you use it as a tool. When you are looking for a job, know that you're selling your assets, your experience, and your education. Some of you may or may not have the experience or the education, but at the end, you're selling what you can do for the company.

Be On Time

Respond right away and send a quick note of gratitude to interviewees with whom you felt a strong connection. I'm a big believer in preserving your energy, and these interviews will plunge you away from your normal routine, so keep that in mind as you forge ahead. Be nice. Be courteous.



Negotiate With Your Mind & Your Mind Will Create Your Behavior

We need to adopt the mindset that finding work within that time frame—within two weeks—must be urgent. Adopting this attitude will help you finish by the deadline and will get you very far. Your mind adapts to the things you tell it over and over, so even though the goal initially seems unattainable, your efforts will make it a reality.

I set a two-week deadline for myself and took on a number of issues to make this happen.

1. My ego was eliminated. If you already believe that you are superior to the person who will give you the job, you won't get very far. But if you're relatively humble, and you know what you want, you can change it. If your goal is to get a job, be willing to learn, and learning to accept the uncertainty, you will be setting yourself to happiness.
2. Be wise when negotiating with yourself. Our egos are not our enemy; rather, they serve as a gauge for the values and treatment we accept from the outside world. You can run with people who barely speak during the interview process or have a gruff demeanor. Do your best, but don't let that get in the way of that. Always be yourself when negotiating to the best of your ability.
3. Give yourself some time to rest. This is essential since performing the same task every day can make you fatigued and reach a wall. It's important to stick to your plan and occasionally take advantage of "cheat hours" to do anything you want. It might be as simple as going to a movie, taking a walk, or going on a date.
4. Your mind will be ready to listen to you once you have trained it to host itself. You'll notice that your mind will defend you and direct you toward your goal.

Your Behavior Towards Yourself Will Pull The Right Companies

There are two opposing philosophical camps on this. the conviction that we attract people based on the things we give and the realistic vision of a job search. I support both. Because I had no idea what sector I would be accepted into, I was able to attract many prospects who were eager to look at my CV. My resume wowed recruiting managers and potential employers to the point that they chose to schedule an interview with me right away

I was able to secure interviews with hiring reps from art galleries, a well-known dance group from San Francisco, a high-end luggage manufacturer, a fitness brand, and even a position at a venture capital agency without having any prior knowledge of venture capitalists.

By being open to all options, I was able to conduct market research on the range of people I was sharing my résumé with. This was a stepping stone for me. Without realizing it, I was building a ladder, which I slowly but steadily climbed.

I conducted the following actions with each interviewee who showed interest in me:

1. I did some research on the post I had applied for, and also redefined their needs in accordance with what I had already achieved in my previous job.
2. In order to be able to communicate effectively with those who would be interviewing me, I used the Crystal.com app to study their thinking styles.
3. I read as much as I could about the business and its founders, making a note to explain my interest in joining the team at the outset of any interaction.
4. At the conclusion, I had at least 2-4 inquiries for hiring managers on the company's expansion plans.

Expand Your Capacity For Error

As humans, we are bound to err. Accept it and relish it. It's easy to criticize ourselves for the errors we made and to apply those lessons to the present. Enjoy the process of selling: you.

The majority of effective salespeople are not natural born salespeople. Either a job forces them into a situation where they learn how to sell, or they are forced into a situation where they must work to be effective salespeople in order to survive. We all possess this skill, but we rarely use it.

Make a list of all your successes to start. Both your personal and professional lives should be considered. Check out the length of the list. Combine the two lists at this point. This is your cheat sheet.

Create a pitch using the cheat sheet so you can tell someone else about yourself. Let's say, for illustration's sake, that you are a devoted practitioner of yoga. And you've located a yoga class with your preferred instructor. What would you say about your yoga instructor? The phrases "kind," "a great teacher," "approachable," and "systematic" are all appropriate.

By focusing on 2-4 qualities from the list you made, you can craft it to best explain who you are. What would you say about yourself? What matters most is how you present yourself in a phone call or Zoom video so that the hiring manager is interested in what you have to offer.

You will undoubtedly make a lot of mistakes when creating this list. You might mess up. Great. You'll be more prepared to hone your skills if you make more mistakes. You might not like the tone or pitch of your voice; make appropriate adjustments. But be kind to yourself.

Staying Healthily Busy Is a Form of Self Care

You've already made it thus far; in the following chapter, I'll demonstrate how to compile a short list of companies that most closely match your requirements. While creating your list, have fun and remember to be honest and realistic about your needs.

When I was no longer able to afford to join a gym, I started doing my exercises while watching YouTube videos. I learned more from the teachers than from going to the gym; I thought it was more enjoyable when I was changing teachers. Some of my favorites are listed below.

Tracey Anderson

<https://www.youtube.com/user/GoTracy>

Her workouts are cheerful and enjoyable, and I appreciated them since I knew each video would feature challenging techniques.

Yoga With Adriene

<https://www.youtube.com/@yogawithadriene>

She has a gentle, yogi-like energy similar to the teacher. There is a lot of slow motion, some of it more difficult than others, but you can progress at your own pace.

Kadir Kalin and Berdan

<https://www.instagram.com/kalinbrothersofficial>

Since discovering their Instagram account, I've been honing my dance moves. They move almost simultaneously, and it is entertaining and addictive.

HASfit

<https://www.youtube.com/@HASfit>

They provide free, comprehensive workout routines that are upbeat and simple to follow.

Creating A Tight Deadline: Feeding Yourself

Create Applications for Three Levels of Companies

Low Companies: Be Open To Opportunities

Middle-Sized Businesses: Be Inquisitive

Top Companies: Aim High

Engage Various Recruiters

Post Your Resume On Online Job Sites

Determine Your Lifestyle

Preparing For An Interview

Crafting Another Challenge For Your Soul

Creating a Tight Deadline: Feeding Yourself

It is not our fault that we are creatures of comfort. We are, regrettably, continually subjected to marketing from society for hedonistic goods, which keeps us in our comfortable surroundings. Setting a longer deadline is simple if you have the capacity to do so. But realistically, I think we shouldn't spend a year looking for a job; instead, we should put our goals in a job description so we can attract the opportunities we need. It's simpler to maintain that pace when we set shorter deadlines for ourselves.

For the next two weeks, your main emphasis will be finding a job that will not only provide you with a stable income but also allow you to live a more comfortable lifestyle.

I gave myself a 2-week window and made use of it to update my resume, conduct additional research, and reapply to various markets. Setting a deadline for a goal helps you see your progress, and that is a powerful ritual to create in your life.

Create Applications for Three Levels of Companies

The less difficult approach is to apply for every position with the hope that your fish net will eventually catch a position and you'll be hired. But if that happens, you won't have any place to pitch the companies that are interested in your resume. If you divide the interest levels of your applications into three categories—good, better, and great—you will be able to see how and what kinds of companies are actually drawn to your skill set.

While applying for jobs, it's crucial to enable yourself to research your strengths and weaknesses. You'll quickly be able to do this by reviewing the responses to your job application process and figuring out how to revamp your resume, nail your interviews, and land a job.



Good Companies: Be Open To Opportunities

Retail Partners

Here is a list of companies that will allow you to pay a portion of your rent and relax. I was offered to work in a clothing store for a merchandising shift from 5 a.m. to 11 a.m., not too far from where I lived. Due to me securing a job right away, I never truly had the opportunity to experience this early morning shift.

Where can I find these hourly jobs?

Despite the fact that I was clearly overqualified, I was determined to get a job as soon as possible. Most retail positions are always in need of fresh salespeople and are posted on sites like Indeed, LinkedIn, Glassdoor, and Craigslist.

One afternoon, when I was walking around my neighborhood, I stopped at a few restaurants and inquired about openings for shifts. This method kept me in the present and grateful for the diligent staff at these busy restaurants.

Use your phone book. I had never sold jewelry before, but thanks to a connection I had, I was able to land an interview within two days. Take anything now because keeping busy and having a positive attitude will ensure your job security.

Good Companies: Be Inquisitive

These are positions that mimic your previous jobs. These occupations can pay a wage that is on par with what you were previously paid and sufficient to cover your rent. The simplest way to do this is to look at the job description for your previous position and copy it. If you've previously worked for a tech startup, for example, other tech startups will likely take notice of your resume. Begin there.

Then make a resume that is an exact reproduction of your prior employment; this will draw in applications for positions that are similar to yours. A wonderful site to conduct market research on people who might have the role at another organization is LinkedIn. How do they describe their professional accomplishments? Which businesses do they represent? Additionally, you can request an informational interview if there is time.

I contacted several people on LinkedIn when I was looking for work, and they all offered to give me advice on how to build a strong foundation for what I was looking for.



Great Companies: Aim High

You envision yourself working for these companies in the future. Make a list to begin. What traits do these companies have in common? What number of individuals work there? What is the rate of expansion for these companies? Think of the company as a life partner. What role do you anticipate this company will have in your life? What function do you want to contribute to their lives? What financial and business-expansion services can the organization provide for you? What do you have to give them in return?

Ideally, if you get an interview at a prestigious company, you should celebrate by dancing. The sources I utilized to compile this list are listed below.

Crunchbase

<https://www.crunchbase.com/>

Crunchbase compiles companies that provide information on both public and private businesses. I compiled this list by including both tech and non-tech companies because I had previously worked for a startup that went public.

Angle List

<https://angel.co/company/angellist>

They claim to be the biggest startup community on earth. nonetheless, has a good selection of job openings from startups.

The Muse

<https://www.themuse.com/search>

It is an excellent place for people looking for jobs to investigate businesses and careers. The how-to articles are numerous.

Engage Various Recruiters

Recruiters are the best. They are also in a position to place you in the correct position, so they are going to be your most steadfast ally and will reveal practically anything about their client without getting into trouble themselves! I once received information from a recruiter about the exact pay range her client was prepared to offer for the position I had applied for. Later on, I understood that I had vastly overestimated my capability.

Your ability to match yourself with jobs and make contributions will depend on how open you are with your requirements.

Alan J. Blair

<https://www.alanjblair.com>

Alan J. Blair is a trusted partner in the Bay Area business community. They enjoy an outstanding reputation because we are more than just a recruiting firm; they are passionate about creating thriving partnerships between their clients and top candidates in one of the most dynamic and growing job markets in the country

Career Group

<https://careergroupcompanies.com>

As one of the nation's leading recruiting firms, they use their expertise to impact the lives of our candidates and improve their clients' company cultures, one exceptional match at a time.

Post Your Resume On Online Job Sites

There are many job boards online, and I hope you use them wisely. Before submitting your resume, check the online job boards to see what sector they are in. The popular ones are:

Indeed.com

<https://www.indeed.com>

Indeed is the #1 job site in the world with over 300M unique visitors every month.

LinkedIn

<https://www.linkedin.com>

LinkedIn is an American business and employment-oriented online service that operates via websites and mobile apps.

Craigslist.org

www.craigslist.org

Craigslist is an American classified advertisements website with sections devoted to jobs, housing, for sale, items wanted, services, community service, gigs, résumés, and discussion forums.

Determine Your Lifestyle

Take your time to calculate your lifestyle. To do this, write down all of your expenses. For many of us, this may include rent, food, bills, and other supplemental expenses. If you added everything up and multiplied it by six, you would spend that much every six months.

Once you have calculated your expenses, you may see how much of a salary ceiling you would need to maintain the lifestyle you have chosen. Create a strategy for it. Even though this work might not be ideal for your financial requirements, it is a start.

Once you have a job and are earning money, managing your finances will be a little bit easier. With what you're doing, you're laying the foundation for your financial security.

Look up information on taxes. We are all subject to different tax rates. Learn about your tax bracket to determine your annual tax burden.



Preparing For An Interview

Your moment to shine has come. This is the opportunity for you to brag about your professional accomplishments. Examine the interview procedure.

Be aware that most people dislike the interviewing procedure. You are extensively questioned and put on the spot, which may feel strange at first. We don't generally get questioned every day, so you'll feel uncomfortable. You are forced to answer a flurry of questions about your background and area of expertise while being placed on the spot.

Be prepared for it to be unpleasant, disorganized, and probably frustrating. But this is just the beginning of the employment process. You'll be in a better position to persuade yourself to do the deed if you have a realistic understanding of what it takes to obtain one.

Practice is always the first step.

My first interview was for a position at a public relations firm. I was confident that I would perform admirably. The interviewer asked only one question after I mentioned that I had just returned from a four-month trip to my birthplace. I kept replaying that scenario in my head over and over, but I'm not sure if that's what caused her to stop responding to my messages. However, I refrained from bringing up my past in later interviews.

Accepting the Offer and Adjusting to the New Setting

You succeeded. Congratulations. You've accepted the recruiting company's offer and are now on the road to becoming self-employed. Breathe in deeply. Relax. Embrace yourself.

The hard job now starts.

You will undergo testing, observation, and judgment over the next few weeks. You will be thrust into a situation that is likely unfamiliar and out of your comfort zone. Meeting and getting used to different people is part of working with a new company, be it your immediate supervisor, your coworkers, or your clients. Your comfortable home office hours will probably alter. To get ready for work, you might need to get up an hour earlier. The situation will be challenging and new.

Your fear starts to grow at this point. Every time I enter a new area or find myself in a difficult circumstance, I experience it. I also enjoy comfort, but I've learned to welcome the unknown circumstances since I know that a little challenge is good for me—not entirely unknown, though.

Keep a wide-angle aerial view of your work and your life.

You have access to all of this information.

So, you're prepared.

Congratulations.